

Liste des 14 allergènes principaux par recette

| | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|--|--------------------------------------|---|---|---|--|---|---|---|---|---|---|---|---|---|---|
| | Repas / Plat | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|  | Lundi 15 Décembre - Déjeuner | | | | | | | | | | | | | | |
|  | Beignet de poisson | | X | X | | X | | | | | | | | X | |
|  | Cordon bleu | | X | X | | | | | | | | | | | |
|  | Boulgour pilaf | | | X | | | | | | | | | | | |
|  | Petits pois | | | | | | | | | | | | | | |
|  | Carré | | | X | | | | | | | | | | | |
|  | Yaourt aromatisé | | X | | | | | | | | | | | | |
|  | Yaourt nature sucré | | X | | | | | | | | | | | | |
|  | Compote de pommes | | | | | | | | | | | | | | |
|  | Corbeille de fruits | | | | | | | | | | | | | | |
|  | Mousse au nougat | X | | | | | | X | | | | | | | |
|  | Lundi 15 Décembre - Diner | | | | | | | X | | | | X | | X | |
|  | Salade bar automne hiver | | | | X | | | X | | | | | | | |
|  | Poulet yassa | | | | | | | X | | | | | | X | |
|  | Tajine de légumes aux épices semoule | | | X | | | | | X | | | | | | |
|  | Navets oriental | | | | | | | X | | | | | | X | |
|  | Semoule | | | X | | | | | | | | | | | |
|  | Assortiment fromages laitages | X | | | | | | | | | | | | | |
|  | Banane rôtie | | | | | | | | | | | | | | |
|  | Corbeille de fruits | | | | | | | | | | | | | | |
|  | Flan vanille caramel | X | | | | | | | | | | | | | |
|  | Mardi 16 Décembre - Déjeuner | | | | | | | | | | | | | | |
|  | Cake au maïs | X | X | X | | | | | | | | | | | |
|  | Carottes râpées vinaigrette | | | | | | | X | | | | | | X | |
|  | Iceberg vinaigrette moutarde | | | | | | | X | | | | | | X | |
|  | Filet de colin | | | | | | X | | | | | | | | |
|  | Jambon braisé | X | | | | | | | | | | | | | |
|  | Gratin de brocolis | X | X | | | | | | | | | | | | |
|  | Riz | | | | | | | | | | | | | | |

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|  | Corbeille de fruits | | | | | | | | | | | | | | |
|  | Crème aux œufs | X | | X | | | | | | | | | | | |
|  | Liégeois chocolat | X | | | | | | | | | | | | | |
|  | Mardi 16 Décembre - Diner | | | | | | | | | | | | | | |
|  | Salade bar automne hiver | | | | X | | X | | | | X | | | X | |
|  | Spaghetti à l'espagnole | X | X | | | | | | | | | | | | |
|  | Spaghetti aux fruits de mer | X | X | | X | X | | X | X | | | | | | |
|  | Assortiment fromages laitages | X | | | | | | | | | | | | | |
|  | Cake croustillant | X | X | X | | | | | | | | | | | |
|  | Corbeille de fruits | | | | | | | | | | | | | | |
|  | Pomme au four | X | | | | | | | | | | | | | |
|  | Mercredi 17 Décembre - Déjeuner | | | | | | | | X | | | | | | |
|  | Beignets de calamars | | X | | | | | | | | | | | | |
|  | Sauté de porc | | X | | | | | | | | | | | | |
|  | Blé pilaf | | X | | | | | | | | | | | | |
|  | Fondue de poireaux | X | | | | | | | | | | | | | |
|  | Edam | X | | | | | | | | | | | | | |
|  | Petit moulé ail et fines herbes | X | | | | | | | | | | | | | |
|  | Yaourt nature sucré | X | | | | | | | | | | | | | |
|  | Beignet chocolat noisette | X | X | X | | | | X | | | X | | | | |
|  | Corbeille de fruits | | | | | | | | | | | | | | |
|  | Pommes caramélisées brisure de biscuits | X | X | X | | | | | | | | | | | |
|  | Mercredi 17 Décembre - Diner | | | | | | | | | | | | | | |
|  | Salade bar automne hiver | | | | X | | X | | | X | | | X | | |
|  | Pave de colin sauce creme | X | | | | X | | | | | | | | | |
|  | Poulet sauce champignons | X | X | | | | X | | | | | | | | |
|  | Gratin de choux-fleurs | X | X | | | | | | | | | | | | |
|  | Polenta | | | | | | | | | | | | | | |
|  | Assortiment fromages laitages | X | | | | | | | | | | | | | |
|  | Compote de pommes | | | | | | | | | | | | | | |

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|  | Corbeille de fruits | | | | | | | | | | | | | | |
|  | Crème miel fleur d'oranger | | X | | | | | | | | | | | | |
|  | Jeudi 18 Décembre - Déjeuner | | | | | | | | | | | | | | |
|  | Mousse de canard et son toast | X | X | X | | | | | | | | | | | |
|  | Salade de Noël | X | X | | | | X | | | | | | | | |
|  | Cheeseburger | X | X | X | | | X | | | | | | X | | |
|  | Fish burger | X | X | X | X | | | | | | | | X | | X |
|  | Haricots verts | | | | | | | | | | | | | | |
|  | Pommes noisettes | | | | | | | | | | | | | | |
|  | Brie | | X | | | | | | | | | | | | |
|  | Buchette vanille chocolat | | X | | | | | | | | | | | | |
|  | Tapioca mangue coco | | X | | | | X | | | | | | | | |
|  | Jeudi 18 Décembre - Diner | | | | | | | | | | | | | | |
|  | Salade bar automne hiver | | | | X | | | X | | | | X | | | X |
|  | Pizza aux légumes | | X | X | | | | | X | | | | | | |
|  | Pizza kebab | | X | X | | | | | | | | | X | | |
|  | Salade verte | | | | | | | | | | | | | | |
|  | Assortiment fromages laitages | | X | | | | | | | | | | | | |
|  | Corbeille de fruits | | | | | | | | | | | | | | |
|  | Fromage blanc à la mangue | | X | | | | | | | | | | | | |
|  | Liégeois vanille | | X | | | | | | | | | | | | |
|  | Vendredi 19 Décembre - Déjeuner | | | | | | | | | | | | | | |
|  | Farfalle carbonara | | X | X | X | | | | | | | | | | |
|  | Penne au thon | | | | X | | | X | X | | | | | | |
|  | Carottes braisées | | | | | | | | | | | | | | |
|  | Farfalle | | | | X | | | | | | | | | | |
|  | Fraidou | | X | | | | | | | | | | | | |
|  | Mimolette | | X | | | | | | | | | | | | |
| | Yaourt nature sucré | | X | | | | | | | | | | | | |
| | Compote pomme banane ananas | | | | | | | | | | | | | | |

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|  Corbeille de fruits | | | | | | | | | | | | | | | |
|  Crème exotique | | X | | | | | | | | | | | | | |